

i CUT

i cut
i bleed
it's okay it'll stop
soon
just the scar will remain
like every other
but whoever said pain is beauty is right
because when you look at my scars, they are ugly
definitely not beauty
but who said i was causing myself any pain
you don't know anything about my pain
it doesn't hurt, i promise
because when it happens, i don't realize it
sometimes
the Neosporin makes my scars appear invisible to others
but i know it's there
i feel possessed when i do it
like i'm in a trance
but i am aware that its happening
its weird
but it's not like i'm addicted
i can stop
i'm just not going to
because it helps me cope
with the things i'm hiding
i'm not the happy face i put on to make others happy
sometimes the world seems so surreal
i have to do it to make sure i'm not dreaming
and of course other people know
i seem to have started a fad
but its going to blow over soon
because someone who cares for someone else is going to find out
but that someone is not going to be me
people think i'm so complicated because i do it
but i'm not
i do it relieve myself from everything
it's just like meditation

except practiced in a different way
but when it's over, the pain comes back
and so i do it, again
but i promise i won't hurt myself
but just in case i do
i know you won't care
and the truth is... neither will i.

By Rajvi V.